

## 1978 Region 3A Boys- Friday, June 2nd at Appleton

**Teams:** Redwood Falls 53, Tyler 43, Dawson-Boyd 40, Hendricks 38, Wabasso 37, Madison 28, Bellingham 26, Granite Falls 22.5, Appleton 19, Maynard 19, Montevideo 18, Benson 17, Springfield 13, Renville 13, Russell 12, Ruthton 12, Prinsburg Central Christian 12, Ivanhoe 11, Sacred Heart 8, Danube 8, Milroy 8, Belview 6, Clara City 6, Lake Benton 5, Tracy 4, Kerkhoven 4, Sleepy Eye 2, Echo-Wood Lake 2, Ortonville 2, Sanborn 2, Cottonwood 1, Verdi 0.5

### 100 Yard Dash

- 1 Jim Ness, Hen 10.3
- 2 John Solberg, Ty 10.7

### 220 Yard Dash

- 1 Jim Ness, Hen 22.8
- 2 Jeff Copeland, May 23.6
- 3 Tim Jahnke, RF 23.7

### 440 Yard Dash

- 1 Tim Jahnke, RF 50.1
- 2 Greg Bakker, Russ 50.6
- 3 Paul Baune, Wabas
- 4 Steve Borass, App 51.7

### 880 Yard Run

- 1 Randy Haakenson, D-B 2:01.0 \*\*
- 2 Gary Hoffman, Bell 2:10.4
- 6 Steve Neuharth, RF 2:05.5

### Mile Run

- 1 Jon Wager, D-B 4:34.4
- 2 Kolyn Proedahl, Renv 4:35.9
- 5 Mark Scholl, RF 4:41.7

### Two Mile Run

- 1 Paul Driscoll, RF 9:57.0
- 2 Terry Dolan, Mil 9:57.1
- 3 John Ellison, RF 10:11.0

### 120 Yard High Hurdles

- 1 Dan Mikkelson, Ty 15.2
- 2 Randall Fragodt, Ben 15.6

### 300 Meter Intermediate Hurdles

- 1 Jim Ness, Hen 40.3 \*\*
- 2 Dan Mikkelson, Ty 41.3
- 5 Todd Jahnke, RF 42.0

### Medley Relay

- 1 Dawson-Boyd 3:42.7
- 2 Appleton 3:45.3

### 440 Yard Relay

- 1 Bellingham 45.5
- 3 Appleton 45.8

### Mile Relay

- 1 Redwood Falls 3:28.3 (To Jahnke, C Johnson, Tiffany, Ti Jahnke)
- 2 Wabasso

### Long Jump

- 1 Dan Henrich, Mad 21-0
- 2 Jim Ness, Hen 20-9.75

### High Jump

- 1 Scott Roelofs, Prins CC 6-2
- 2 Charles Ober, SH 6-0
- 3 Horejsi, Belv

### Pole Vault

- 1 Guy Schmidt, Mad 13-11 \*\*
- 2 Jeff Nelson, Monte 12-0
- 3 Paul Zimmerman, RF 11-6

### Shot Put

- 1 Kevin Briffett, Ivanh 46-2
- 2 Dave Geske, Wabas 45-5.5

### Discus

- 1 Steve Jacobson, GF 142-1
- 2 Jeff Vance, GF 141-4

\* Ties Meet Record

\*\* Meet Record

**Notes:** Redwood Falls was coached by Doug Ward.